

# OPTIONS



Employment  
Outreach Inc.

## EMPLOYMENT OPTIONS THAT WORK

Options Employment Outreach Inc is a leader in employment counselling for those with disabilities in Greater Saint John

Options offers a full range of employment counselling services including assistance with resumes, cover letters, and mock interviews. Options also has a range of unique services including:

- Access to funding for accommodations, assistive technology, and wage subsidies.
- Individualized planning for each client that could include work with community partners to ensure full support.
- Information and registration to FREE training opportunities offered in the community.
- Access to labour market research, employment trends, and employer information.
- Assistance in every step of the way for those moving into post-secondary, including help completing student loans (and Canada Study Grants), meetings with learning strategists, and job search for both summer jobs and jobs after graduation.

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Canada

New Brunswick  
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CANADA

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# AUTISM LEVEL I



Besides Autism, Options specializes in services for Mental Health, Deaf & Hard of Hearing, Blind & Low Vision, Learning Disabilities, and Mobility.

**Info:** Autism, or Autism Spectrum Disorder, is a developmental disorder that causes issues with communication, social, verbal and motor skills. The most important thing to know is that its affects vary from person to person. We now know that there is no one autism but many types, caused by different combinations of genetic and environmental influences. Many of those with ASD have exceptional abilities in visual skills, music and academic skills. About 38% have an intellectual disability. Early intervention can make a lifetime of difference.

**Myth & Fact:** People with ASD can't understand the emotions of others. Autism often affects an individual's ability to understand unspoken communication, so someone with autism might not detect sadness based solely on one's body language or sarcasm in one's tone of voice. But, when emotions are communicated more directly, people with autism are much more likely to feel empathy and compassion for others.

**Example of Options' Work:** Options works closely with the Community Autism Centre of Saint John. Often Options arranges for up-to-date neuro-psych testing. As well, we offer assistance with student loans, arranging meetings with learning strategists, and continuous follow-up.

*"I'm a visual-thinker, not a language-based thinker. My brain is like google-images."*

*- Dr. Temple Grandin*